MINISTRY OF EDUCATION AND TRAINING

**LAC HONG UNIVERSITY**

**COURSE OUTLINE**

**< 102004 – PHYSICAL EDUCATION 3 >**

1. **GENERAL INFORMATION**

| Course name (Vietnamese): | Giao duc the chat 3 |
| --- | --- |
| Course name (English): | Physical Education 3 |
| Course ID: | 102003 |
| Types: | General  |
| Faculty/ Department: | Physical Education |
| Master Lecturer: | Deo Dang KhoaEmail: deodangkhoa@gmail.com |
| Lecturer participating in: | Phan Van DaoLy Quoc Hien |
| Number of credits: | 1 |
| Theory:  | 4 periods  |
| Practice:  | 26 periods  |
| Self-study:  | 00 periods  |
| Speciality: | Obligatory to students |
| Prerequisite course: | Physical Education 2 |
| Previous course: | No  |

1. **COURSE DESCRIPTION**

Students continue following the chosen subject in Physical Education 1.

1. **COURSE LEARNING OUTCOMES**

**Table 1: Course Learning Outcomes (CLOs)**

| **Course Learning Outcomes (CLOs)** | **Course Learning Outcomes Content**  | **Bloom domain/Bloom level** | **Program Learning Outcomes PLOs/SOs/PI (\*)** |
| --- | --- | --- | --- |
| CLO1 | Applying basic tactics into the tournament  | Knowledge (3) | PI1.1 |
| CLO2 | Performing the demanded techniques of each subject | Skills (3) | PI5.1 |
| CLO3 | Practicing and competing in groups  | Attitude (2) | PI7.1 |

| **4.** | **COURSE CONTENT, LESSON PLAN** |
| --- | --- |

**Table 2: Course Content, Lesson Plan**

| **Week** | **Lesson/****Chapter**  | **Name/Chapter**  | **Lesson Learning Outcomes (LLO)** | **Lecture and Study activities** | **Teaching methods** | **Assessment methods** | **References (\*)** |
| --- | --- | --- | --- | --- | --- | --- | --- |
| 1 | Unit 1 | - Rehearsing the techniques learned in the previous course. | LLO1.1 |  Synthesizing every lesson learned  | Lecturer teaches, analyzes, demonstrates and interacts with students. Study in class: - Students complete the movements. - Students perform with the supporting exercise. | Lecture Demonstration  | Practicum test Observation  | **[1]** |
| 2 | Unit 2 | - Movement techniques in ball study  | LLO2.1 | Applying knowledge of movement techniques in ball study to reality | Lecturer teaches, analyzes, demonstrates and interacts with students. Study in class: - Students listen, ask questions. - Students observe and redo the movements. | Lecture Demonstration Drill and Practice  | Practicum test Observation  | **[1]** |
| LLO2.2 | Performing movement techniques |
| 3 | Unit 3 | - Movement techniques in ball study  | LLO3.1 | Performing movements in ball study | Lecturer analyzes and interacts with students. Study in class: - Students complete the movements. - Students apply techniques and rules into tournaments . | Lecture Demonstration Drill and Practice  | Practicum test Observation  | **[1]** |
| LLO3.2 | Performing movement techniques |
| 4 | Unit 4 | - Movement techniques in ball study- Some basic tactics | LLO4.1 | Practicing to compete in groups. | Lecturer analyzes some basic tactics, interacts with students. Study in class: - Students complete the movements. - Students apply tactics learned into tournaments . | Demonstration Drill and Practice  | Practicum test Observation  | **[1]** |
| 5 | Unit 5 | - Completing techniques- Applying techniques to tournament  | LLO5.1 | Practicing to compete in groups. | Lecturer analyzes some basic tactics, interacts with students. Study in class: - Students complete the movements. - Students apply tactics learned into tournaments . | Demonstration Drill and Practice  | Practicum test Observation  | **[1]** |
| 6 | Unit 6 | - Completing techniques- Applying techniques to tournament  | LLO6.1 | Practicing to compete in groups. | Lecturer analyzes some basic tactics, interacts with students. Study in class: - Students complete the movements. - Students apply tactics learned into tournaments . | Demonstration Drill and Practice  | Practicum test Observation  | **[1]** |

| **5.** | **MAPPING OF LESSON AND COURSE LEARNING OUTCOMES** |
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**Table 3: Mapping of Lesson and Course Learning Outcomes**

| Lesson Learning Outcomes | Course Learning Outcomes  | **Evaluation Component** |
| --- | --- | --- |
| **CLO1** | **CLO2** | **CLO3** |
| **LLO1.1** | X |  |  | A1 |
| **LLO2.1** | X |  |  | A1 |
| **LLO2.2** |  | X |  | A2, A3 |
| **LLO3.1** |  | X |  | A2, A3 |
| **LLO3.2** |  | X |  | A2, A3 |
| **LLO4.1** |  |  | X | A1, A2 |
| **LLO5.1** |  |  | X | A1, A2 |
| **LLO6.1** |  |  | X | A1, A2 |

| **6.** | **COURSE ASSESSMENT** |
| --- | --- |

**Table 4: Course Assessment**

| **Evaluation Component** | **Assessment**  | **CLOs** | **Evaluation Component** |
| --- | --- | --- | --- |
| A1. Process | - Participating in lesson construction- Class exercises - Discussion, following the requested content | CLO1, CLO3 | *30%* |
| A2. Mid-term  | Organizing the tournament in groups | CLO2, CLO3 | *30%* |
| A3. Final  | Doing test by performing movements | CLO2 | *40%* |

| **7.** | **COURSE REQUIREMENTS AND EXPECTATIONS** |
| --- | --- |

* Obeying all requirements of the course outline.
* Arriving on time and making sure to be 80% time in the course.
* Students have to have ID cards during the course and examination.
* Students have to wear sport uniforms according to University’s regulations.
* Preparing study equipment for practice.

| **8.** | **STUDY REFERENCES** |
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**Textbook**

[1]. Giao trinh bong da truong Dai Hoc Lac Hong, Luu hanh noi bo.

**References**

**[**1] Nguyen Duy Quyet, Ho Dac Son (2023), Giao duc the chat bong da, NXB Giao duc Viet Nam

[2] Nguyen Tien Lam - Nguyen Tien Phong (Dong Chu Bien) - Nguyen Nam Ha - Bui Minh Tan - Nguyen Ngoc Bin (2023), Giao Trinh Giao Duc The Chat, NXB Dai hoc Thai Nguyen

| **9.** | **SOFTWARE OR SUPPORTING EQUIPMENTS FOR PRACTICE** |
| --- | --- |

1. Balls
2. Practice yard
3. Other supporting equipments

**General rules:**

| **Abbreviation** | **Description** |
| --- | --- |
| **PLO/SO** | Program Learning Outcomes/Standard Outcomes |
| **PI** | Performance Indicators  |
| **CLO** | Course Learning Outcomes |
| **LLO** | Lesson Learning Outcomes |

| **Head of Major/ Head of Faculty** | Dong Nai, April 27th 2023Responsible lecturer(sign and write full name)Deo Dang Khoa |
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